

Registration Form (Please print or type)

Balint Leadership Training Intensive
March 15-18, 2007

You may also print out registration materials online
<http://fammed.musc.edu/balint/facdev.html>

Name _____ Degree _____

Name as desired on name badge: (first, last, city, state): _____

For purposes of Continuing Education Credit:

Circle: MD DO Psychologist MFT LCSW Other _____

License Number: _____

Institutional Affiliation: _____

Address _____

City _____ State _____ Zip _____

Day phone _____ Fax: _____

Email address _____

Registration fees: (see next panel) \$ _____

2007 Membership dues (if not yet paid) \$ _____

Total Enclosed \$ _____

I have participated in a Balint group for:

_____ never _____ Less than 2 years _____ More than 2 years

I have led or co-led a Balint group for:

_____ never _____ Less than 2 years _____ More than 2 years

_____ **I plan on attending ALL sessions of the Intensive**

Please complete this form and photocopy for your records.

Make checks payable to SCAFEM (Sonoma County Academic

Foundation for Excellence in Medicine), Tax ID number 68-0136430

No registration accepted without payment

Send payment with this form to:

Balint Leadership Training Intensive
c/o SCAFEM

3324 Chanate Road, Santa Rosa, CA 95404

For more information, contact:

Ritch Addison, PhD 707-576-9813 raddison@sonic.net

SCAFEM 707-527-6223 scafem@scafem.org

The American Balint Society's website: <http://fammed.musc.edu/balint/>

Registration deadline is February 9, 2007

Tuition

(All registration fees include syllabus, continuing education credit and meals listed in the conference schedule.)

Single Registration \$525 if received by Jan. 8, 2007
\$575 after Jan. 8, 2007

2 or more from the same program
(please submit registration forms and payment at same time)
\$500 each if received by Jan. 8, 2007
\$550 after Jan. 8, 2007

Residents, fellows or students - 20% off
\$420 if received by Jan. 8, 2007
\$460 after Jan. 8, 2007

All registrants must be members of the American or their respective Balint Society. If you are currently not a member, please add \$75 for 2007 dues in the American Balint Society (\$30 for residents and students).

Cancellation Policy

All cancellations must be requested in writing. In order to receive a refund, the request must be received by February 28, 2007. Refunds will be issued after the conference. We reserve the right to cancel or postpone any course because of unforeseen circumstances or insufficient enrollment. In the event of such cancellation, full tuition will be refunded.


Location and Lodging

The conference will be held in Santa Rosa, California. Santa Rosa is about 65 miles north of San Francisco in the heart of the picturesque Sonoma County Wine Region, famous for its fine food, good wine and gorgeous scenery. The conference will take place at the exquisitely designed and furnished Fountaingrove Inn, Hotel and Conference Center. The Fountaingrove Inn has one of the finest restaurants and wine lists in Sonoma County. Registrants are responsible for making their own hotel arrangements. The American Balint Society has negotiated a special room rate that includes breakfast. Please mention the American Balint Society when making reservations. The Fountaingrove Inn can be reached by telephone: 800-222-6101 or 707-578-6101. Their website is: www.Fountaingroveinn.com The Fountaingrove Inn cannot guarantee room availability after February 9, 2007.

Transportation

Fly into San Francisco or Oakland Airport. Allow two hours (more during rush hours) to drive to the Fountaingrove Inn in Santa Rosa. The Fountaingrove Inn provides free parking for guests. If you prefer, you may travel by bus from either Oakland or San Francisco Airport to the Sonoma County Airport. Bus schedule and rates are available at www.airportexpressinc.com. If notified in advance, the Fountaingrove Inn will provide complimentary shuttle service to and from the Sonoma County Airport.

Ritch Addison, PhD, Course Director
Family Medicine Residency Program
3324 Chanate Road
Santa Rosa, CA 95404



BALINT
the american balint society

Balint Leadership Training Intensive

**Thursday, March 15 -
Sunday, March 18, 2007**

**Fountaingrove Inn
Hotel and Conference Center
Santa Rosa, California**

Jointly sponsored by:

The American Balint Society

**Family Medicine Residency Program
Sutter Medical Center of Santa Rosa**

**Sonoma County Academic Foundation
for Excellence in Medicine**

Target Audience

The purpose of this conference is to prepare attendees to lead Balint groups. It is designed for medical educators and practicing clinicians who use or would like to use Balint groups in their teaching and exploration about the doctor-patient relationship. These will often be physicians, psychiatrists, psychologists, and social workers that work with residents or medical students. Residents and fellows, as well as community clinicians who want to learn more about Balint work, are also welcome. Each attendee must be or become a member of the American or his/her respective national Balint society.

Learning Objectives

The Balint Leadership Training Intensive is intended as a practical, experiential learning opportunity for those who have begun, or will soon begin to offer Balint groups in their training programs. By the end of the conference, participants should be able to:

- Describe the verbal and non-verbal leadership behaviors of Balint group leaders
- Demonstrate the effectiveness of different leadership interventions
- Identify the process and progression of a Balint group over multiple sessions
- Define the new perspective of the presenter as a result of the Balint group process

Important Notes

- Participants should be clinically active and willing to present cases.
- **It is important to participate in the entire program. Success of the conference depends on group cohesiveness. Please do not plan to arrive late, leave early or miss sessions.**
- Advance notification of any special needs will help us provide better service. Please notify us of your needs at least two weeks in advance of the program.
- Please be aware that intensive Balint training can stir up strong feelings. If you are at a particularly vulnerable time in your life, you may want to consider completing this training at a later date.
- During this Balint Leadership Training Intensive, a few experienced participants may be co-leading small group sessions as a part of an evaluation process by which they hope to become Credentialed Balint Group Leaders. If this occurs, we may ask all members of their small

group to complete an assessment of the candidate's effectiveness during one of the two sessions in which the candidate is acting as a co-leader. We believe this process furthers your learning of Balint leadership skills, in addition to offering the candidate helpful feedback.

- Application does not guarantee acceptance. The American Balint Society reserves the right to choose the participants and registrants for its programs and to assign participants to small groups in order to maximize the educational and professional experience offered. We reserve the right to refuse registrations and to cancel registrations already made. In the event of cancellation, any registration fees paid will be refunded. Such refund shall represent the entire liability to the registrant.

American Balint Society Mission Statement



The American Balint Society is a supportive and collaborative organization of clinician-teachers who share common values: an appreciation of the use of intellect, emotion and self-reflection in the doctor's work and the therapeutic potential of the doctor-patient relationship. These values are promoted through a group process of exploration and training called the Balint Group. The goal of the Balint Group experience is for the participants to transform uncertainty, confusion, and difficulty in the doctor-patient relationship into understanding and meaning that nurtures a more therapeutic alliance between clinician and patient. The goals of the American Balint Society are to communicate the value of the Balint approach, promote the inclusion of Balint Group training in residency training and other educational settings, develop training for Balint Group leaders, support research on the Balint process, and nurture people who do Balint training. The American Balint Society strives to be visible and accessible to clinicians and educators who share our values.

Accreditation

Continuing Education for Physicians: This is a program presented by a CMA accredited sponsor, Sutter Medical Center of Santa Rosa. Physicians and nurses attending this seminar may report up to 21 hour(s) of Category I credit toward the California Medical Association's Certificate in Continuing Medical Education and the American Medical Association's Physicians' Recognition Award.



The Board of Psychology recognizes and accepts for continuing education courses that are Continuing Medical Education (CME) courses specifically applicable and pertinent to the practice of psychology and that are accredited by the California Medical

Association (CMA) or the Accreditation Council for Continuing Medical Education (ACCME).

Continuing Education for LCSW's and MFT's: This course meets the qualifications for 21 hours of continuing education credit for MFT's and/or LCSW's as required by the California Board of Behavioral Sciences. BBS provider is the Sonoma County Academic Foundation for Excellence in Medicine, provider # PCE 649.

Conference Description:

Most of the work of the conference will be done in small ongoing groups, each led by two faculty members. Each small group will conduct nine Balint group sessions, with opportunities for participants to lead or co-lead sessions and receive feedback. Each group will videotape a Balint group session and debrief it. Participants will discuss critical issues of Balint work during topic-focused sessions.

Schedule:

Thursday, March 15

- 12:00-1:30 Conference registration
- 1:30-2:30 Introductions and welcome; Review of Balint group process and history
- 2:45-6:00 Small group sessions #1-2
- 6:00-7:00 Discussion topics in small interest groups
- 7:15 Dinner together at the Fountaingrove Inn

Friday, March 16

- Continental breakfast for guests of the hotel
- 8:00-12:00 Small group sessions #3-5, videotaped
- 12:00-1:00 Lunch together at the Fountaingrove Inn
- 1:15-2:30 Small group session #6
- 2:45-5:15 Small groups review videotapes
- Evening free

Saturday, March 17

- Continental breakfast for guests of the hotel
- 8:00-11:15 Small group sessions #7-8
- 11:30-1:00 Discussion topics in interest groups
- 1:00 Free time to eat, dialogue, exercise, rest, meditate, explore
- 7:00 Dinner together at a Sonoma County restaurant

Sunday, March 18

- Continental breakfast for guests of the hotel
- 8:00-10:00 Final small group session #9 and group closure
- 10:15-11:30 Review, future opportunities, conference closure and final evaluations
- 11:30 Conference closes

Course Director

Ritch Addison, PhD

Immediate Past President, Coordinator of Intensives, American Balint Society
Clinical Professor, UCSF Dept of Family and Community Medicine
Behavioral Science Coordinator, Family Medicine Residency Program
Santa Rosa, California

Faculty

Alec Chessman, MD

Professor & Predoctoral Director, Department of Family Medicine
Medical University of South Carolina
Charleston, South Carolina

Maria Devens, PhD

Assistant Professor of Psychology in Clinical Family Medicine
Director of Behavioral Science, Department of Family Medicine
University of Illinois at Chicago
Chicago, Illinois

Mary Hall, MD

Credentialing Chair, Past President, American Balint Society
Clinical Associate Professor of Family Medicine
Chair, Department of Family Medicine, Carolinas Medical Center
Charlotte, North Carolina

Albert Lichtenstein, PhD

Coordinator of Supervision, American Balint Society
Director of Behavioral Science and Senior Associate Director
Family Medicine Residency Program, Guthrie/Robert Packer Hospital
Sayre, Pennsylvania

Don Nease, MD

President-Elect, American Balint Society
Associate Professor, Department of Family Medicine
University of Michigan
Ann Arbor, Michigan

Ann Sinclair, MS, LCSW

Secretary, American Balint Society
Clinical Assistant Professor, Department of Family Medicine
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Portland, Oregon

Jeff Sternlieb, PhD

Council Member, American Balint Society
Family Systems Associate, Department of Family Medicine
Lehigh Valley Hospital Family Practice Residency
Allentown, PA

Greg Troll, MD, ABFP

Council Member, American Balint Society
Associate Dean, Curriculum and Faculty Development
Touro University College of Osteopathic Medicine
Vallejo, California

All faculty members are credentialed as Certified Balint Group Leaders by the American Balint Society

In accordance with ACCME requirements on disclosure, information about relationships of presenters with commercial interests (if any) will be included in materials distributed at the time of the conference.